Port Perry Seniors Club - Activities Selection for 2023-2024

Name:						Membership # :						
Email:					Phone#:							
Would you li	ke to volunt	eer to l	oe a Con	nmittee Member?								
☐ BBQ		Bazaa	r 🗆	Christmas Dinne	r/Dance		Trips			Publicity		
Would you li l □ Socials			assist at Meetings	special events and		gs. Events			Others			
ZOOM MEET Ves	ING: Do you	have a □ N		account?.								

Place a checkmark beside any of the activities that you are interested in joining.

	Place a checkmark beside any of	the activities that yo					
	Daily Activity	Time	Leader				
MONDAYS							
	Exercise with Richard Simmons	9:00 – 9:45	Gord Emmerson				
	Intermediate Exercise	11:30 – 12:30	Rita Hilker (contact person)				
	Shuffleboard	1:00 - 3:30	Jeff Moore				
TUESDAYS							
	Yoga (\$3.00/class)	8:30 – 9:30	Diana Bent				
	Chair Yoga (\$3.00/class)	10:00-11:00	Diana Bent				
	Gentle Exercise	11:30 – 12:30	Judy Mitchell (contact person)				
	Euchre (alternate Tuesdays)	1.00 - 4:00	Csaba Becsy & Ann Berube				
	Bid Euchre (alternate Tuesdays)	1.00 - 4:00	Linda Lake & Lyn Tracey				
	Cribbage	1.00 - 4:00	Charlene Davis				
	Mah-Jongg	1.00 - 3:00	Dianne Wiseman				
		WEDNESDAYS					
	Crafters	9:00 – 11:15	Judy Mitchell				
	Woodcarvers	8:00 – 11:15	Gord Emmerson				
	Intermediate Exercise	11:30-12:15	Rita Hilker (contact person)				
	Mexican Train (1 st & 3 rd Weds)	1:00 - 4:00	Kathy Hoar				
	Monthly Meeting (2 nd Wed)	1:00 - 3:00	President				
	Pot Luck Dinner (4 th Wed)	1–3pm or 5–7pm	TBA				
		THURSDAYS					
	Yoga (\$3.00/class)	9:30 – 10:30	Diana Bent				
	Zumba (\$3.00/class)	10:45 – 11:45	Carol Gray				
	Short Mat Bowls	12:30 – 4:00	Bob & Pat Rankin				
	Tech Support (by appointment)	1:00 - 3:00	Rita Barrell (apple) & Fred Jennings (android)				
		FRIDAYS					
	Exercise with Richard Simmons	9:00 – 9:45	Gord Emmerson				

Membe	r Signature:	 Date:	