

Port Perry Seniors Club - Activities Selection for 2023-2024

Name: _____

Membership # : _____

Email: _____

Phone#: _____

Would you like to volunteer to be a Committee Member?

BBQ

Bazaar

Christmas Dinner/Dance

Trips

Publicity

Would you like to volunteer to assist at special events and meetings.

Socials

Meetings

Special Events

Others

ZOOM MEETING: Do you have a ZOOM account?.

Yes

No

Place a checkmark beside any of the activities that you are interested in joining.

	Daily Activity	Time	Leader
MONDAYS			
	Exercise with Richard Simmons	9:00 – 9:45	Gord Emmerson
	Intermediate Exercise	11:30 – 12:30	Rita Hilker (contact person)
	Shuffleboard	1:00 – 3:30	Jeff Moore
TUESDAYS			
	Yoga (\$3.00/class)	8:30 – 9:30	Diana Bent
	Chair Yoga (\$3.00/class)	10:00-11:00	Diana Bent
	Gentle Exercise	11:30 – 12:30	Judy Mitchell (contact person)
	Euchre (alternate Tuesdays)	1.00 – 4:00	Csaba Betsy & Ann Berube
	Bid Euchre (alternate Tuesdays)	1.00 – 4:00	Linda Lake & Lyn Tracey
	Cribbage	1.00 – 4:00	Charlene Davis
	Mah-Jongg	1.00 –3:00	Dianne Wiseman
WEDNESDAYS			
	Crafters	9:00 – 11:15	Judy Mitchell
	Woodcarvers	8:00 – 11:15	Gord Emmerson
	Intermediate Exercise	11:30-12:15	Rita Hilker (contact person)
	Mexican Train (1 st & 3 rd Weds)	1:00 – 4:00	Kathy Hoar
	Monthly Meeting (2 nd Wed)	1:00 – 3:00	President
	Pot Luck Dinner (4 th Wed)	1–3pm or 5–7pm	TBA
THURSDAYS			
	Yoga (\$3.00/class)	9:30 – 10:30	Diana Bent
	Zumba (\$3.00/class)	10:45 – 11:45	Carol Gray
	Short Mat Bowls	12:30 – 4:00	Bob & Pat Rankin
	Tech Support (by appointment)	1:00 – 3:00	Rita Barrell (apple) & Fred Jennings (android)
FRIDAYS			
	Exercise with Richard Simmons	9:00 – 9:45	Gord Emmerson

Member Signature: _____

Date: _____