

LATCHAM NEWS

Always in motion is the future. - YODA

SENIOR AWARDS

A funny thing happened on the way to the Forum OR a funny thing happened on our first virtual awards night from the Government of Ontario. After 10 minutes of speeches, the hydro went out for some of us! Technology is great but you do need all things, like hydro, to work. Congratulations to the following members who were nominated for their contribution to PPSC:

Leah Burgess 25 yrs

Audrey Geer 15 yrs

Rita Hilker 10 yrs

Judy Mitchell 10 yrs

Rita Barrell 10 yrs

Barb Cleary 5 yrs



We got the grant!

WOW, THREE GOOD NEWS ITEMS: Spring is knocking at our door and we finally have vaccinations against Covid19 here!

Any member who is knitting, crocheting and/or sewing for hospital patients and needs wool or material please let me know. We'll work out a way to get you the supplies. Congratulations to those members that received awards for their volunteering at the PPSC. Members like yourselves and activity leaders are what makes our club very special. Your dedication and time volunteering for





Who is this handsome senior gracing the bus shelter on Simcoe and Greenway?



Township Spring Recreation Program Registration Opens Monday, March 8 at 7 A.M.

For further information:

<https://www.scugog.ca/en/live-and-play/Register-For-a-Program.aspx>

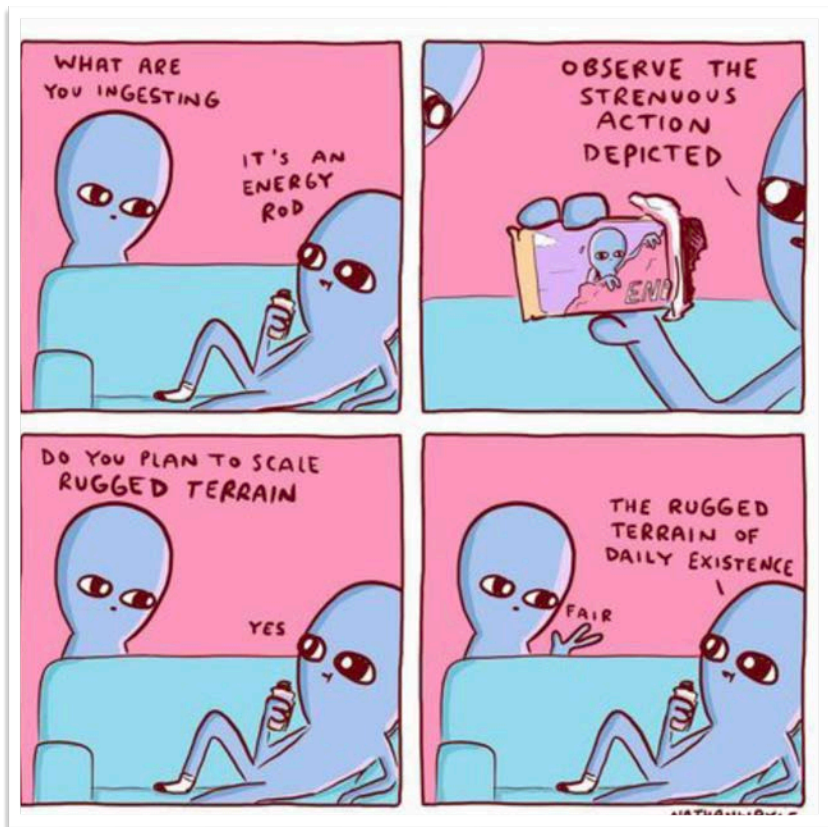
We are presently in

RED -CONTROL

To find up to date news on Scugog's COVID action plan:

<https://www.scugog.ca/en/live-and-play/covid-19-information-and-updates.aspx>

others is very much appreciated. Our first online programming is going well. Community Care, through NovoPeak Health, has started online exercise classes with us Mondays and Wednesdays. We had a few glitches at the start but we're getting those ironed out. It's a very good exercise program and if anyone who hasn't already joined, but would like to, please send an email to portpsc101@gmail.com and we'll get the proper forms for you to fill out and be accepted into the program.
President Rita



Future COVID-19 Vaccination Clinic at the Scugog Community Recreation Centre

Currently, vaccinations are being provided to various priority groups as outlined in the [province's vaccine distribution plan](#)

For further information try:
Durham Region Health Department at www.durham.ca/covidvaccines

**New appointments:**

Dr. Steve Russell as Medical Director for Oak Ridges Hospice (ORH). In this role, Dr. Russell will work with the ORH Board, staff and volunteers to develop services that provide compassionate care to people in the last stages of their life's journey.



Stephen Gray will now have the position of **Chair for the ORH Board** of Directors. Mr. Gray has held the position of Treasurer on the ORH Board of Directors for the last five years and will be transitioning to the Chair.

The Scugog Shores Museum is pleased to offer two new virtual historical presentations, in partnership with Lianne Harris.

Friday, March 12, 1-2 pm, Canada's Amazing Women

Tuesday, March 23, 1-2 pm, Luck O' the Irish.

Lianne has been a history, culture and social studies resource specialist with the Toronto District School Board for almost 20 years, and has been the guest instructor and workshop leader for teachers across many boards in Southern Ontario. She is also the author of several books. Pre-registration is required for the presentations at www.scugog.ca/registration. The cost is \$10/person, with all funds benefitting the Scugog Shores Museum. A zoom link will be sent to all registered participants one day prior to the scheduled talk. For more information please email museum@scugog.ca or call **905-985-8698 x 103**.

GRANT 2021

The executive members were celebrating when we got the news by email that our grant application had been approved. I would like to thank the Grant Committee for their work in getting the grant materials organized and presented to the federal government and being successful in their presentation. They are Marg Miller, Dianna Limb, Rita Barrell (and myself). It was a pleasure working with the committee.

This does not mean we can rush into Zoom presentations and meetings right away. We have more paperwork to fill out for the federal government and then have the monies deposited into our account.

We then have to set up with presenters, dates and times along with their monetary fees. Also we have to work within Covid restrictions.

Most of our presenters, guest speakers and online projects will be done through Zoom. If you haven't contacted portpsc101@gmail.com previously to get on Zoom and wish to do so I would suggest you contact us ASAP in order that you are ready for when we can have our first Zoom presentation.

Looking forward to a busy online season!

President Rita

ZOOM SESSIONS:

Our first ZOOM speaker will be **Justin Jones**, who is a tax expert and will be addressing 2020 returns for Seniors.

Thurs., April 1st at 10am.

You will need to have downloaded the ZOOM app for this. We only have 50 members who have contacted us saying they are ZOOM ready. Those are the people who will get the invite!

If you need help getting on ZOOM, contact us and someone will call you.

portpsc101@gmail.com

We have also arranged to have Kyle Brough speak on tech issues. We are thinking that the first session should be on ZOOM itself. Send us your ideas- the executive is working in a vacuum here- we aren't even getting any complaints! Never thought that would be an issue.

-RB



HOMEBOUND BOOKS

Has Stay-at-Home given you the shut-in blues?

Are you experiencing literary withdrawal?

Beat your Covid boredom with a Mystery Bag of books delivered to your door for free!

You may be homebound but don't be cut off from enjoying some good quarantine reading.

The Rotary Club of Port Perry in collaboration with the Scugog Library Board will provide a home delivery service to those who are confined to their home during this period of lockdown. This program has been designed with the highest regard to Covid protocols. The Scugog Memorial Library, Library Board and Rotary have donated books for this project.

Rotary volunteers will deliver books to your home at no charge.

To receive books, please call:

Colleen – 905-391-6820

Jim – 905-985-5491

Bonnie at bonniebunting1@gmail.com

Enjoy getting into a good book thanks to the partnership of your Rotary Club and the Library Board



ROTARY CLUB OF
PORT PERRY

Service above self

Medical Associates of Port Perry
21h · 🌐

Join us for one of two community town hall meetings to learn more about the COVID-19 vaccine. Dr. Rebecca Wray will dispel the myths and give you the facts about the COVID-19 vaccine. Tuesday, March 9, 2021 or Thursday, March 11, 2021 from 7:00 - 8:00 pm. The meeting link can be found on our website www.portperrymedical.ca/town-hall #portperrymedical #OurPriorityIsYou



SPAGHETTI SAUCE

- 3 pounds browned, ground beef
- 4 cloves of garlic, chopped
- 1 Spanish onion
- 3-4 stalks of celery
- 1 chopped green pepper
- 1 tablespoon salt
- ½ tsp. cayenne pepper
- 1 tsp. oregano
- 1 tsp. anise seed
- 2 large cans tomato soup
- 3 large cans tomato paste
- 3 large cans tomatoes
- 5 tablespoons chopped parsley
- 2 cans drained mushrooms
- ¼ teaspoon black pepper
- ¼ teaspoon basil leaves

Brown the meat and pour off the fat. Combine remaining ingredients and simmer for 2 – 3 hours.

NOTE: This makes a LOT of sauce. It freezes beautifully and is extremely versatile.

- 1) Spaghetti sauce over noodles and/or spaghetti
- 2) Sauce over boiled rice
- 3) As is – naked – like a chili, with an artisan loaf of your choice. - Cheryl Gilchrist



I FIND MY LIFE IS A LOT EASIER THE LOWER I KEEP EVERYONE'S EXPECTATIONS.

