

LATCHAM NEWS

In order to be irreplaceable, one must always be different. -Coco Chanel



Giving Hope Today

Thanks to Gordon Emmerson and the line dancers and exercisers. Their 'coffee fund' monies, over \$200, have been donated to the Salvation Army.

Stay At Home Order

Ontario's stay-at-home order, which went into effect last Thursday, has left many residents confused about what is, and what isn't, considered essential.

<https://toronto.ctvnews.ca/ontario-addresses-confusion-about-new-stay-at-home-rules-these-are-the-answers-to-your-top-questions-1.5264068>



Rita Hilker, Rosita Neal, Sharon Schmidt, Mary Holt, Louise Haugen.

President's Message

HAPPY NEW YEAR!

We are now in Stay at Home orders and Covid is all around us and unfortunately at our doorstep.

During this isolation we need to get busy and we can once more help our fellow neighbours!

We are planning on PPSC holding their annual



To Do:**Go to a museum:**

Get online and type in **google.ca** Look at the top right corner of the screen- it's a grid of dots, touch the grid then scroll down to Arts and Culture. Touch that and then follow your interests... There are a lot of sites for kids too- my favourite is Blob Opera- hilarious!

Move: Try <https://morelifehealth.com/seniors-exercises>.

The advantage here is that all the exercises are for seniors, the instructor is very encouraging, and he's cute.

Go to the movies:

Try the tiff site

<https://www.tiff.net>.

You can rent a new Indy film, and there are often discussion groups and interviews with directors.

bazaar this Autumn. CRAFTERS, KNITTERS, SEWERS, ARTISTS, HOBBYISTS, can what you make be put for sale at our bazaar?

We can also support our local hospitals through Lakeridge Health/Port Perry Hospital and other health facilities that are in need of some help. I spoke with the hospital's Volunteer Co-ordinator, Vicky A. and she told me of several projects we can really help with: funky cancer caps, lap blankets, hearts, knitted squares. The LINH has forwarded patterns we can use.

Also Karen from Operation Scugog would be thrilled to be able to give their clients a lap blanket, throw or quilt, knitted or material made. I think gloves, hats, scarves and socks are always appreciated during our winters.

Lakeridge Health = Ajax, Clarington, Oshawa, Port Perry, Whitby Hospitals.

We will be doing our projects through Port Perry Hospital. They will distribute our donations not only to their partners under Lakeridge Health but will also distribute to other organizations such as Long Term Care area homes, etc. wherever there is a need. WE CAN MAKE A DIFFERENCE FOR SOME OF OUR NEIGHBOURS. LET'S GET BUSY

I do have some wool (in my car, that was generously donated by a PPSC's member's wife, thank-you.) However, with Stay-at-Home orders we are not able to deliver to your home or set up a time for us to get together in order to get the yarn to you, not until the stay at home regulation is lifted.

Go to our portperry seniors.org website to see patterns under "Crafting for the Community".

Grant Ideas

We need members help to have a winter of fun and trying new and varied projects. This will only be successful if you sign on

The PPSC has filled in an application for grant monies. We should receive a reply in Feb/Mar. The Club is going to go virtual if our grant application is approved. We will hold general meetings, host guest speakers and invite presenters to lead us in projects over Zoom. We already hold our monthly executive meetings on Zoom and they are going well.

To join the fun all you have to do as a PPSC member is download the Zoom app, and I'm happy to tell you it's one of the easiest apps to download. You don't need to open an account with Zoom as the Club will have an account that can be used by members.

Our aim for this winter is to have FUN and connect virtually with friends. To do this we need members to climb on board with Zoom.

Leaders can use " breakout rooms" to hold their own particular activity meetings for staying connected with members if their activity lends itself to that kind of application.

When you have downloaded the app please contact us and we will start a listing of Zoom members on our computer system. Send an email to portpsc101@gmail.com

Some ideas for future Zoom meetings are: a painting day with local artist Debbie Cotton, all things internet with Kyle Brough, and a presentation on 2020 tax information.



Waterfront Update

The Township released a copy of the emerging preferred plan for the waterfront at a workshop held back in November. They have produced a summary report outlining all of the feedback received at this workshop. They will be having a virtual meeting on Jan. 28th. Since two members of your executive will be attending, we will have more info in the February newsletter. We hope. For more information on the Waterfront Action Plan, please visit the project page: <https://my.scugog.ca/waterfront>

Gardening Your Front Yard: Projects and Ideas for Big & Small Spaces

Plan your garden: Sign up for the Toronto Botanical Garden's presentation <https://torontobotanicalgarden.ca/feature/gardening-your-front-yard-projects-and-ideas-for-big-small-spaces/>. It's on Wed., Jan. 27th, so get in there fast!

Memories of better times: Great bus trip to the Blue Jays game! I don't even remember who won!



How are you coping? Do you have any ideas, thoughts, meditations that could help the rest of us? Here are some thoughts from our friend and club secretary, Cheryl.

Secretary's Musings. Happy New Year Friends!

It's been too long since last I saw you! I pray that you are well and keeping safe. I'm doing okay. Like you, I've had enough of this COVID thingy!!

I'm finding it a challenge, some days, to remain positive. With all the negative reporting going on and the mounting numbers of COVID cases, my usual Positive Pollyanna frame of mind is wafting between Pooh's buddy Eeyore, Pessimistic Petunia, and Sad Sack Sarah. Are you feeling the same way? I don't like this feeling, so I've started doing something that I did years ago. I'm doing a Gratitude Journal. I don't know why I stopped - it's been such a boost to my morale!

Before my feet hit the floor in the morning I'm grateful for the day ahead. I'm still alive and kicking! I'm still well. Hopefully, I'll put a smile on someone's face that day. As my day progresses, I try to be mindful of the things that bring me down - media reports, COVID numbers, political issues - and if I can, I shut them off or out. Focus on the good stuff! It can be hard sometimes, but it's worth the work.

At the end of the day, before the lights go out, I sit with pen and paper and note the things for which I'm grateful. I aim for ten. Sometimes I get to ten. Sometimes I only get one (those days are not pretty! Just sayin'), however, if I can think of one thing, then I'm winning. The list might consist of little things, like cream for my coffee, when the weather is too stinky to go out, or big things, like hearing that someone has recovered from an illness. Whatever made me smile, laugh, chuckle, or feel all warm and fuzzy inside that day, goes on the list.

Think about the wagging tail of your precious fur baby. The soothing sound of a purring cat. The giggle of a child at play (there's nothing sweeter, in my opinion). A phone call, or if you're the techs type, a text, from your best friend or maybe a friend from your past. These are all things that make life cheerier.

Ten or one - it matters not. I'm trying to survive this COVID pandemic with an attitude of gratitude and it's working! Stay well. Stay safe. I miss each one of you because you make me smile.

-Cheryl Gilchrist

Library Notes from Kyle:

A Message to our senior patrons:

Even during lockdown, Scugog Memorial Public Library is finding ways to connect with their patrons and get books, movies and magazines to them so that they can read and stay entertained.

- Our hours of operation are: 11 am – 6 pm Tuesday through Friday, and 11 am – 3 pm on Saturday (Closed Monday & Sunday)
- During Lockdown, the library building and public washrooms will be closed to the public, but we will continue to provide books & DVDs through our Contactless Pickup service. Please visit this webpage for more information: <http://www.scugoglibrary.ca/contactless-pickup>.
- We can safely print your documents for you and have them ready to pick up. Printing may be sent to info@scugoglibrary.ca and picked up via our Contactless Pickup service.
- The exterior book drop will continue to be used for returns in order to allow for 72 hour isolation of materials.
- Programs will continue to be offered via our [Facebook Page](#) & [YouTube Channel](#)
- Online collections will continue to be available 24/7, so now might be a wonderful time to check out our large collection of ebooks & audiobooks.

How to get Books and Movies from the library:

Step 1: Place holds using our online catalogue at www.scugoglibrary.ca

If you don't have access to the Internet, you may call and talk to a librarian who will help you place a hold at [905-985-7686](tel:905-985-7686).

Step 2: Once the hold is placed, wait for a call or email. It usually takes a day for staff to receive notice of the hold and pull it from the shelf, so it may not be ready the moment you place the request, but you should be able to pick it up within 2 business days.

Contactless Pickup

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|  <p>STEP 1 PLACE HOLDS Place holds using our online catalogue. If you don't have the internet, call to place your holds with a staff member during our operating hours: 905-985-7686.</p> |  <p>STEP 2 WAIT FOR CALL OR EMAIL You will receive an email or phone call once staff have pulled your holds - just like you did in pre-COVID days!</p> |  <p>STEP 3 GO TO LIBRARY Pickup service hours: Tues - Fri: 11am - 6pm Sat: 11 am - 3 pm. No appointment is needed as our doors are now open! Your items will be checked out & waiting.</p> |  <p>MORE INFO For questions, please visit our website: www.scugoglibrary.ca or email us at: info@scugoglibrary.ca.</p> |
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SCUGOG MEMORIAL PUBLIC LIBRARY